

Diabetes Specialist Nurse for Diabetes Remission programmes

Hours: 24 hours per week (0.6 FT) **Reports to:** Clinical Team Manager **Location:** Diabetes Support Remission Project – Remote support **Start Date:** October 2019

About Oviva

We believe good health starts with nutrition and lifestyle, not medication. Our mission is to help 50 million people lead healthier and happier lives by 2025 by providing the best diet and lifestyle therapy through technology.

Oviva is a technology-enabled healthcare provider founded in 2014 seeking to offer the most accessible, personalised, high-quality care possible to people with health conditions related to diet. Crucially, we embrace technology to overcome the efficiency challenges facing the NHS.

We do this by:

- Creating unique, digitally-enabled treatment programmes for patients, delivered by dietitians supported by a multi-disciplinary team of psychologists, psychological wellbeing practitioners, specialist nurses, activity experts and health coaches.
- Offering patients access to expert advice in a time and place of their choosing, via our smartphone app, online learning portal (with tailored video, audio and written learning content) or over the phone.

Our services are delivered in partnership with the NHS, supporting quality and efficiency improvements. Today we provide NHS services in 57 Clinical Commissioning Groups and were recently selected for the NHS England Digital Diabetes Prevention Programme and the NHS England Innovation Accelerator. Beyond the UK we also operate in Switzerland, Germany, and France, and are backed by Europe's leading venture funds.

We can only deliver all of this with the help of our incredible team. Having a culture that people want to work in is very important to us and we're proud to say 96% of our team would recommend working for Oviva. We do this by keeping our values at the forefront of everything we do, from patient care to internal culture:

- We put the patient first
- We measure & improve
- We tackle it together

The Role

Diabetes Specialist Nurse in Remission

We are looking for a diabetes specialist nurse to deliver an evidence-based type 2 diabetes structured programme for people living in Wolverhampton and needing support in achieving remission. The programme combines a core curriculum and an intensive behavioural change intervention and aligns with the NICE guidelines. This a fully digital, remote and intensive diabetes remission programme.

The core curriculum and behaviour change element of the programme will be delivered by a Diabetes Specialist Dietitian (DSD), all remotely via app or phone-based coaching, supported by engaging online resources. We are seeking for a DSN to be able to support the DSD and provide a medication optimization review for each patient on the programme, in the form of a notes review and a 45 minute call with the patient. After the reviews the DSN is expected to liaise with the relevant GP practices. The role will include ensuring patients are on the correct medications, i.e. optimal diabetes medications to achieve target HbA1c levels, medications are safe for a VLED diet and diabetes advice if required. As a result of this frequent communication with the GP practices is needed to ensure changes in medication are reflected appropriately.

The role also involves empowering patients to feel knowledgeable about the medications they are taking and to understand how optimising medications and HbA1c can reduce the risks associated with diabetes.

The successful candidate will have significant clinical experience including prior experience in supporting patients with type 2 diabetes, ideally in achieving remission, and be familiar with remote treatment and support. He/she will be an excellent communicator and ideally have experience in adapting clinical advice to different ethnic groups. The postholder will benefit from joining an innovative and supportive team, committed to enhancing the overall patient experience and delivering better outcomes – whilst enjoying a flexible working model.

Main Responsibilities

- Delivering one to one patient consultations remotely via phone or video calls using Oviva's technology to review medications.
- Communicating well with local GP practices, practice nurses and obstetrics and diabetes team members to handover patient care and communicate any changes to medications.
- Work closely with the Diabetes Specialist Dietitians to ensure patients are fully supported through the programme
- Maintaining accurate and up-to-date clinical records using Oviva's secure electronic medical record system.
- Working as part of a remote team of clinicians to deliver gold-standard care to patients with type 2 diabetes.
- Working in a highly autonomous manner and being responsible for appropriately managing clinical caseload within the agreed timescales.
- Maintaining adequate CPD and continue to meet NMC registration requirements.
- Maintaining confidentiality of information at all times in line with the requirements of the Data Protection Act and ensure that client confidentiality is protected at all times.

Key Competencies

- Collaborative – *can do attitude, work effectively in teams.*
- Empathetic – *peer to peer support, resilient in changes, person-centred support.*
- Innovative – *self starter, solution – action orientated, creative and resourceful.*
- Knowledgeable – *competent in diabetes management, proactively upskilling, adaptable to internal changes.*
- Commitment to Oviva's Mission & Strategy.
- *Clinical skills – maintaining rapport with patients, providing evidence-base support, reflective, adherence to IG procedure, knowledge in safeguarding.*

The Ideal Candidate

- A healthcare professional that is dedicated to providing the best care for patients, putting their needs first.
- Confident in using technology to record and review patient notes and quick-to-learn in operating Oviva's technology to support patients.
- Understanding the importance of gathering evidence and improving our processes constantly.
- Working well as a member of a team and communicating in an effective, timely and polite manner.
- Adaptable to changes and encouraging innovation.

Our Offer

- The opportunity to make a meaningful impact in revolutionising healthcare in the UK
- Exciting and rewarding role in a high-growth start-up environment.
- Training opportunities and regular salary reviews.

- Flexible working, including evenings and weekends.
- Competitive salary (Band 6 depending on experience).
- 25 days holiday pro-rata (plus bank holidays) with the option of an additional 5 days unpaid leave
- Company pension.
- Regular team socials as well as free breakfast & snacks daily (when visiting the main office).

Category	Essential	Desirable
Education, qualifications and training	<ul style="list-style-type: none"> • An appropriate degree recognised for registration with NMC. • Evidence of continuing professional development. 	<ul style="list-style-type: none"> • Post graduate study in specialist area of diabetes and weight management (equating to a module of Masters degree)
Experience	<ul style="list-style-type: none"> • Broad, varied and in depth experience of clinical nursing (minimum 2 years post registration and at least +12 months experience working within specialist area) including: • Working in the community/ primary care settings. • Experience in managing chronic diseases including diabetes, obesity or CVD. • Specialist knowledge of diabetes and weight management as evidenced by maintaining specialist projects and programmes. • Experience of developing, implementing and managing projects. • Evidence of multidisciplinary working. 	<ul style="list-style-type: none"> • Experience in working remotely and utilising technology within care. • Significant experience in managing diabetes and obesity for all age groups in a variety of settings.
Skills, abilities and knowledge	<ul style="list-style-type: none"> • Ability to demonstrate sound and in-depth knowledge and application of up to date evidence based, clinical trends and practices in diabetes and obesity • A good understanding of the factors associated with likelihood of relapse and those factors that support maintenance of remission. • A good understanding of health promotion . • Ability to plan and manage time effectively • Ability to generate written communication which is relevant, concise, accurate and legible • Evidence of excellent verbal communication skills at all levels. • Able to respond to unpredictable work-patterns and interruptions • Ability to complete allocated projects and meet deadlines • Competent user of IT equipment and basic software (email, word processing, data input, electronic patient records). 	<ul style="list-style-type: none"> • Evidence of leadership skills, including managing or supervising others. • Able to plan, lead and disseminate designated projects. • Ability to provide support in an another language other than English.

