



Weight Management Specialist Dietitian

Hours: 32 hours per week; open to +/-8 hours a week **Reports to:** Clinical Team Manager **Location:** Wakefield community locations **Start Date:** As soon as possible

About Oviva

We believe good health starts with nutrition and lifestyle, not medication. Our mission is to help 50 million people lead healthier and happier lives by 2025 by providing the best diet and lifestyle therapy through technology.

Oviva is a technology-enabled healthcare provider founded in 2014 seeking to offer the most accessible, personalised, high-quality care possible to people with health conditions related to diet. Crucially, we embrace technology to overcome the efficiency challenges facing the NHS.

We do this by:

- Creating unique, digitally-enabled treatment programmes for patients, delivered by dietitians supported by a multi-disciplinary team of psychologists, psychological wellbeing practitioners, specialist nurses, activity experts and health coaches.
- Offering patients access to expert advice in a time and place of their choosing, via our smartphone app, online learning portal (with tailored video, audio and written learning content) or over the phone.

Our services are delivered in partnership with the NHS, supporting quality and efficiency improvements. Today we provide NHS services in 57 Clinical Commissioning Groups and were recently selected for the NHS England Digital Diabetes Prevention Programme and the NHS England Innovation Accelerator. Beyond the UK we also operate in Switzerland, Germany, and France, and are backed by Europe's leading venture funds.

We can only deliver all of this with the help of our incredible team. Having a culture that people want to work in is very important to us and we're proud to say 96% of our team would recommend working for Oviva. We do this by keeping our values at the forefront of everything we do, from patient care to internal culture:

- We put the patient first
- We measure & improve
- We tackle it together

The Role

Tier 3 specialist weight management

Oviva has been commissioned to provide the tier 3 specialist weight management service in Wakefield and are looking for a specialist weight management dietitian to work alongside the rest of the clinical team. This is an exciting opportunity for a dietitian to be involved in the delivery of a service incorporating a mixed clinical approach. The service offers a comprehensive multi-disciplinary team approach, combining MDT care with specialist dietetics, clinical psychology and links to local services – as well as leveraging technology to improve patient access and outcomes.

The dietetics service includes providing a face-to-face initial assessment to all patients before starting their pathway onto the tier 3 complex obesity service. As well as running these initial appointments face to face in community centres (e.g. Agbrigg and Belle Vue) the role involves delivering phone and app sessions to participants throughout the programme by individual remote coaching using Oviva technology.

The successful candidate will have past experience of weight management and / or bariatric experience. You will be an excellent communicator and ideally have experience in providing care in both face to face environments and remotely. Knowledge of adapting advice to different ethnic groups is essential. Whilst it is important to be able to work autonomously, you will be working as part of a multi-disciplinary team and have access to required support. You must be able to travel to Wakefield on a weekly basis for maximum 3 days/week.

Main Responsibilities

- Delivering one to one patient consultations remotely via phone or video calls using Oviva's technology.
- Conducting face to face initial assessments in community locations in Wakefield, according to the relevant curriculum.
- Using Oviva technology to provide remote follow-up support and coaching e.g. using the Oviva smartphone app.
- Using Oviva technology to direct patients to the Oviva Learn portal and encouraging active engagement with the content.
- Maintaining accurate and up-to-date clinical records using Oviva's secure electronic medical record system.
- Working as part of a remote team of dietitians and psychologists to deliver gold-standard care to patients receiving weight loss support.
- Working in a highly autonomous manner and being responsible for appropriately managing clinical caseload within the agreed timescales.
- Developing links and liaising with other specialist obesity services in the area to enable appropriate signposting and onward referrals, for example, tier 4 services.
- Maintaining confidentiality of information at all times in line with the requirements of the Data Protection Act and ensure that client confidentiality is protected at all times.
- To maintain adequate CPD, receive regular clinical supervision in accordance with good practice guidelines and continue to meet HCPC registration requirement

Key Competencies

- Collaborative – *can do attitude, work effectively in teams.*
- Empathetic – *peer to peer support, resilient in changes, person-centred support.*
- Innovative – *self starter, solution – action orientated, creative and resourceful.*
- Knowledgeable – *competent in diabetes management, proactively upskilling, adaptable to internal changes.*
- Commitment to Oviva's Mission & Strategy.
- *Clinical skills – maintaining rapport with patients, providing evidence-base support, reflective, adherence to IG procedure, knowledge in safeguarding.*

The Ideal Candidate

- A healthcare professional that is dedicated to providing the best care for patients, putting their needs first.
- Confident in using technology to record and review patient notes and quick-to-learn in operating Oviva's technology to support patients.
- Understanding the importance of gathering evidence and improving our processes constantly.
- Working well as a member of a team and communicating in an effective, timely and polite manner.
- Adaptable to changes and encouraging innovation.

Our Offer

- The opportunity to make a meaningful impact in revolutionising healthcare in the UK
- Exciting and rewarding role in a high-growth start-up environment.
- Training opportunities and regular salary reviews.
- Regular supervision and relevant meetings.
- Flexible working for remote consultations, including evenings and weekends.
- Competitive salary (Band 6 depending on experience).

- 25 days holiday pro-rata (plus bank holidays) with the option of an additional 5 days unpaid leave
 - Company pension
 - Opportunity to grow into a more senior role within Oviva and to support our growth and expertise in tier 3 weight management.
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To apply, please send your CV & cover letter to anastasia.baliakou@oviva.com telling us why you'd love to join us at Oviva

| Category | Essential | Desirable |
|--|---|--|
| Education, qualifications and training | <ul style="list-style-type: none"> • An appropriate degree recognised for registration with HCPC • Evidence of continuing professional development. • Membership of BDA or evidence of alternative professional indemnity insurance | <ul style="list-style-type: none"> • Post graduate study in specialist area of weight management (equating to a module of Masters degree) |
| Experience | <ul style="list-style-type: none"> • Broad, varied and in depth experience of clinical dietetics (minimum 2 years post registration and at least +12 months experience working within specialist area) including: <ul style="list-style-type: none"> • Working in the community/ primary care settings and/or delivering face-to-face groups. • Evidence of working with people who have experienced obesity and/or mental health problems. • Experience of working in Primary Care Services. • Experience of developing, implementing and managing projects. • Evidence of multidisciplinary working. | <ul style="list-style-type: none"> • Experience in working remotely and utilising technology within care. • Significant experience in managing obesity for all age groups in a variety of settings. • Evidence of working in the local community. • Skills |
| Skills, abilities and knowledge | <ul style="list-style-type: none"> • Ability to demonstrate sound and in-depth knowledge and implement NICE guidance for managing severe and complex obesity. • Skills in CBT, motivational interviewing and behaviour change techniques • A good understanding of health promotion. • Ability to plan and manage time effectively. • Ability to generate written communication which is relevant, concise, accurate and legible. • Evidence of excellent verbal communication skills at all levels. • Able to deal with distressed, difficult or abusive clients. • Able to respond to unpredictable work-patterns and changes. • Ability to complete allocated projects and meet deadlines. • Competent user of IT equipment and basic software (email, word processing, data input, electronic patient records). | <ul style="list-style-type: none"> • Evidence of leadership skills, including managing or supervising others. • Able to plan, lead and disseminate designated projects. • Ability to provide support in an another language other than English. |