

# Diabetes Specialist Dietitian - Remote

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**Hours:** 1 FTE

**Reports to:** Clinical Team Manager

**Accountable to:** Clinical Director

**Location:** Flexible within the UK – role is fully remote

**Start Date:** Immediate

## About Oviva

We believe good health starts with nutrition and lifestyle, not medication. Our mission is to help 50 million people lead healthier and happier lives by 2025 by providing the best diet and lifestyle therapy through technology.

Oviva is a technology-enabled healthcare provider founded in 2014 seeking to offer the most accessible, personalised, high-quality care possible to people with health conditions related to diet. Crucially, we embrace technology to overcome the efficiency challenges facing the NHS.

We do this by:

- Creating unique, digitally-enabled treatment programmes for patients, delivered by dietitians supported by a multi-disciplinary team of psychologists, psychological wellbeing practitioners, specialist nurses, activity experts and health coaches.
- Offering patients access to expert advice in a time and place of their choosing, via phone, our smartphone app and online learning portal (with tailored video, audio and written learning content).

Our services are delivered in partnership with the NHS, supporting quality and efficiency improvements. Today we provide NHS services in 57 Clinical Commissioning Groups and were recently selected for the NHS England Digital Diabetes Prevention Programme and the NHS England Innovation Accelerator. Beyond the UK we also operate in Switzerland, Germany, and France, and are backed by Europe's leading venture funds.

We can only deliver all of this with the help of our incredible team. Having a culture that people want to work in is very important to us and we're proud to say 96% of our team would recommend working for Oviva. We do this by keeping our values at the forefront of everything we do, from patient care to internal culture:

- We put the patient first
- We measure & improve
- We tackle it together

## The Role

We are looking for a diabetes specialist dietitian to deliver a new, evidence-based type 2 diabetes structured education programme called Oviva Diabetes Support for our patients across the NHS.

Diabetes Support is a fully remote, QISMET approved diabetes structured education programme. The programme combines a core curriculum and an intensive behavioural change intervention and aligns with the NICE guidelines.

You will be providing one to one initial consultations as phone or video calls, and all patients will then be offered remote follow-up treatment using the Oviva smartphone app where they can track food / activity, ask questions, and receive text-based feedback from the dietitian on a weekly basis. Participants are led through the programme via an online portal with engaging video resources to support information delivery and behavior change coaching delivered by the HCP.

Successful candidates will have strong clinical experience including prior experience in supporting patients with diabetes and weight management and be familiar with or show a willingness to embrace remote treatment and support. They will benefit from joining an innovative and supportive team, committed to enhancing the overall patient experience and delivering better outcomes – whilst enjoying a more flexible working model. There is an

opportunity to deliver care on other programmes also including Diabetes Prevention and our new Remission programme.

## Key Responsibilities

- Delivering one to one patient consultations remotely via phone or video calls
- Using Oviva technology to provide some remote follow-up support and coaching e.g. using the Oviva smartphone app
- Maintaining accurate and up-to-date clinical records using Oviva's secure electronic medical record system
- Work as part of a remote team of dietitians to deliver gold-standard care to patients with type 2 diabetes.
- Maintaining adequate CPD and continue to meet HCPC registration requirements
- Working in a highly autonomous manner and being responsible for appropriately managing clinical caseload.
- Maintaining confidentiality of information at all times in line with the requirements of the Data Protection Act and ensure that client confidentiality is protected at all times.

## Our Offer

- Competitive rates of pay (Band 6 development role) with attractive company pension scheme.
- Full time (part time roles will be considered) and flexible working hours during the day.
- Opportunity for clinical supervision and annual appraisal to be carried out by the Clinical Team Manager
- Opportunity to support content creation and programme development as well as delivering our other specialist programmes.
- 25 days holiday pro rata with the option of an additional 5 days unpaid leave.

Target start date: ASAP

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**If you have specific questions about this opportunity, please contact Anastasia Baliakou, Clinical Team Manager at [anastasia.baliakou@oviva.com](mailto:anastasia.baliakou@oviva.com) or call 0207 622 4777.**

**To apply, please send your CV and cover letter to [anastasia.baliakou@oviva.com](mailto:anastasia.baliakou@oviva.com)**

## Person specification:

Category	Essential	Desirable
Education, qualifications and training	<ul style="list-style-type: none"> <li>• An appropriate degree recognised for registration with HCPC</li> <li>• HCPC registered Dietitian</li> <li>• Evidence of continuing professional development</li> <li>• Membership of BDA or evidence of alternative professional indemnity insurance</li> </ul>	<ul style="list-style-type: none"> <li>• Membership of the specialist groups of the BDA (e.g. Diabetes) and other relevant professional organisations</li> <li>• Post graduate study in specialist area of diabetes and weight management (equating to a module of Masters degree)</li> </ul>
Experience	<ul style="list-style-type: none"> <li>• Broad, varied and in depth experience of clinical dietetics (minimum 2 years post registration and at least +12 months experience working within specialist area) including: <ul style="list-style-type: none"> <li>• Working in the community / primary care settings</li> <li>• Managing chronic diseases including diabetes, obesity or CVD</li> <li>• Specialist knowledge of diabetes and weight management</li> <li>• Experience of developing, implementing and managing projects</li> <li>• Evidence of multidisciplinary working</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Experience in working remotely and utilising technology within care</li> <li>• Significant experience in managing diabetes and obesity for all age groups in a variety of settings</li> </ul>
Skills, abilities and knowledge	<ul style="list-style-type: none"> <li>• Ability to demonstrate sound and in-depth knowledge and application of up to date evidence based, clinical trends and practices in diabetes and obesity</li> <li>• Skills in CBT, motivational interviewing and behaviour change techniques</li> <li>• A good understanding of health promotion</li> <li>• Ability to plan and manage time effectively</li> <li>• Ability to generate written communication which is relevant, concise, accurate and legible</li> <li>• Evidence of excellent verbal communication skills at all levels • Able to deal with distressed, difficult or abusive clients</li> <li>• Able to respond to unpredictable work-patterns and interruptions</li> <li>• Ability to complete allocated projects and meet deadlines</li> <li>• Competent user of IT equipment and basic software (email, word processing, data input)</li> </ul>	<ul style="list-style-type: none"> <li>• Evidence of leadership skills, including managing or supervising others</li> </ul>