

# Diabetes Specialist Dietitian - Remote

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**Hours:** Full-time role (part-time position can be available as a job share)

**Reports to:** Clinical Team Manager

**Accountable to:** Clinical Director

**Location:** Diabetes Support Education Project - All work will be remote

**Start Date:** Vacancies closed at the moment – job openings in June/July

## About Oviva

Oviva is a technology-enabled healthcare company founded in 2014 seeking to offer the most accessible and high-quality care possible to people with health conditions related to diet. We believe good health starts with nutrition and lifestyle, not with medications.

We operate in Switzerland, Germany and France as well as the UK and are backed by Europe's leading venture funds.

In the UK we provide services to the NHS across the country, embracing technology so that we can provide high quality care at a lower cost.

Our services consist of:

- Digitally enabled treatment programmes for patients with specific health conditions, including relevant and engaging content and access to our smartphone app, designed to support behaviour change.
- Expert advice, support and coaching from our specialist dietitians

We can only deliver all of this with the help of our incredible and dynamic team. Having a culture that people want to work in is very important to us and we're proud to say 96% of our team would recommend working for Oviva. We do this by keeping our values at the forefront of everything we do, from patient care to internal culture:

- We put the patient first
- We measure & improve
- We tackle it together

## The Role

### Diabetes Support Education

We are looking for a diabetes specialist dietitian to deliver a new, evidence-based type 2 diabetes structured education programme called Oviva Diabetes Support (ODS) for people living in various locations across the UK. The programme combines a core curriculum and an intensive behavioural change intervention and aligns with the NICE guidelines. ODS is a fully digital and remote, QISMET approved, diabetes education programme.

You will be providing one to one initial consultations as phone or video calls, and all patients will then be offered remote follow-up treatment using the Oviva smartphone app where they can track food / activity, ask questions, and receive text-based feedback from the dietitian on a weekly basis. Participants are led through the programme via an online portal with engaging video resources to support information delivery and behavior change coaching delivered by the HCP.

Successful candidates will have strong clinical experience including prior experience in supporting patients with diabetes and weight management, and be familiar with or show a willingness to embrace remote treatment and support. They will benefit from joining an innovative and supportive team, committed to enhancing the overall patient experience and delivering better outcomes – whilst enjoying a more flexible working model. There is an opportunity to deliver care on other programmes also including Diabetes Prevention and our new Remission 800 programme.

## Key Responsibilities

- Delivering one to one patient consultations remotely via phone or video calls
- Using Oviva technology to provide some remote follow-up support and coaching e.g. using the Oviva smartphone app
- Maintaining accurate and up-to-date clinical records using Oviva's secure electronic medical record system
- Work as part of a remote team of dietitians to deliver gold-standard care to patients with type 2 diabetes.
- Maintaining adequate CPD and continue to meet HCPC registration requirements
- Working in a highly autonomous manner and being responsible for appropriately managing clinical caseload.
- Maintaining confidentiality of information at all times in line with the requirements of the Data Protection Act and ensure that client confidentiality is protected at all times.

## The Ideal Candidate

- A healthcare professional that is dedicated to providing the best care for patients, putting their needs first.
- Confident in using technology to record and review patient notes and quick-to-learn in operating Oviva's technology to support patients.
- Understanding the importance of gathering evidence and improving our processes constantly.
- Working well as a member of a team and communicating in an effective, timely and polite manner.

## Our Offer

- Competitive rates of pay (Band 6 development role) with attractive company pension scheme.
- Full time (part time roles will be considered) and flexible working hours during the day including evenings and weekends.
- Opportunity for clinical supervision and annual appraisal to be carried out by the Clinical Team Manager.
- Opportunity to support content creation and programme development as well as delivering our other specialist programmes.
- 25 days holiday pro rata with the option of an additional 5 days unpaid leave.

Target start date: Vacancies closed at the moment – job openings in June/July

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**To apply, please send your CV and cover letter to Anastasia Baliakou, Clinical Team Manager at [anastasia.baliakou@oviva.com](mailto:anastasia.baliakou@oviva.com) or call 0207 622 4777 telling us why you'd love to join us at Oviva.**

## Person specification:

Category	Essential	Desirable
Education, qualifications and training	<ul style="list-style-type: none"> <li>• An appropriate degree recognised for registration with HCPC</li> <li>• HCPC registered Dietitian</li> <li>• Evidence of continuing professional development</li> <li>• Membership of BDA or evidence of alternative professional indemnity insurance</li> </ul>	<ul style="list-style-type: none"> <li>• Membership of the specialist groups of the BDA (e.g. Diabetes) and other relevant professional organisations</li> <li>• Post graduate study in specialist area of diabetes and weight management (equating to a module of Masters degree)</li> </ul>
Experience	<ul style="list-style-type: none"> <li>• Broad, varied and in depth experience of clinical dietetics (minimum 2 years post registration and at least +12 months experience working within specialist area) including: <ul style="list-style-type: none"> <li>• Working in the community / primary care settings</li> <li>• Managing chronic diseases including diabetes, obesity or CVD</li> <li>• Specialist knowledge of diabetes and weight management</li> <li>• Experience of developing, implementing and managing projects</li> <li>• Evidence of multidisciplinary working</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Experience in working remotely and utilising technology within care</li> <li>• Significant experience in managing diabetes and obesity for all age groups in a variety of settings</li> </ul>
Skills, abilities and knowledge	<ul style="list-style-type: none"> <li>• Ability to demonstrate sound and in-depth knowledge and application of up to date evidence based, clinical trends and practices in diabetes and obesity</li> <li>• Skills in CBT, motivational interviewing and behaviour change techniques</li> <li>• A good understanding of health promotion</li> <li>• Ability to plan and manage time effectively</li> <li>• Ability to generate written communication which is relevant, concise, accurate and legible</li> <li>• Evidence of excellent verbal communication skills at all levels</li> <li>• Able to deal with distressed, difficult or abusive clients</li> <li>• Able to respond to unpredictable work-patterns and interruptions</li> <li>• Ability to complete allocated projects and meet deadlines</li> <li>• Competent user of IT equipment and basic software (email, word processing, data input)</li> <li>• Competent in using electronic patient records and maintaining digital clinical notes.</li> </ul>	<ul style="list-style-type: none"> <li>• Evidence of leadership skills, including managing or supervising others</li> <li>• Thorough knowledge of dietetic, medical and fitness terminology in another language.</li> <li>• Confident in delivering support in another language, as need.</li> </ul>

